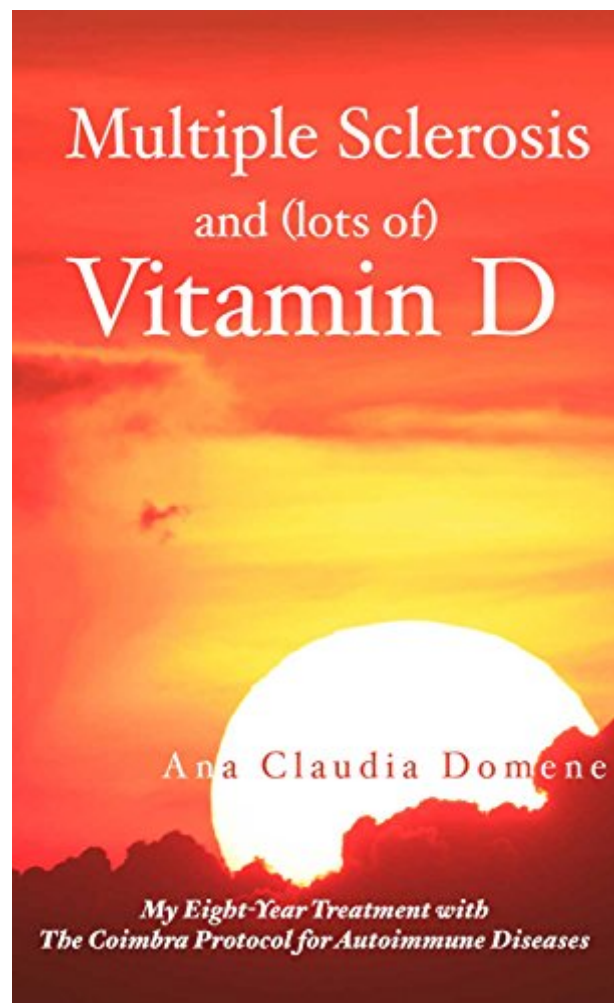




Ebook Directory
the best source of ebook

The book was found

Multiple Sclerosis And (lots Of) Vitamin D: My Eight-Year Treatment With The Coimbra Protocol For Autoimmune Diseases



Synopsis

The Coimbra Protocol relies on doses of vitamin D that range from 40,000 IU to 200,000 IU per day. Mounting scientific evidence clearly shows that vitamin D has a powerful effect on autoimmune diseases, yet most doctors continue to prescribe no more than 1,000 IU or 2,000 IU a day to patients that suffer from such conditions. In this book, Ana Claudia Domene describes her experience with multiple sclerosis and the treatment that has radically eased her symptoms, allowed her to discontinue all conventional medications, and restored her health. Developed by Dr. Cicero Galli Coimbra, a neurologist practicing in São Paulo, Brazil, the Coimbra Protocol is a therapeutic approach that relies on high doses of vitamin D to halt the misguided attacks of the immune system, and it has enabled thousands of patients around the world to keep their autoimmune diseases in permanent remission.

Book Information

File Size: 400 KB

Print Length: 132 pages

Simultaneous Device Usage: Unlimited

Publication Date: February 16, 2016

Sold by: Digital Services LLC

Language: English

ASIN: B01BVRZX02

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #355,698 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #70

in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Multiple Sclerosis #86

in Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Alternative Medicine > Vitamins

#88 in Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Nutrition > Vitamins &

Supplements

Customer Reviews

As a vitamin D and health advocate, I ordered a copy of "Multiple Sclerosis and (lots of) Vitamin D"

and devoured it upon delivery today. Author Ana Claudia Domene walks the reader through her journey with multiple sclerosis including the diagnosis, conventional treatment, and her success taking large doses (think 60,000 iu a day) of vitamin D as part of the Coimbra Protocol. Ms. Domene carefully explains the world-renown treatment plan by Brazilian neurologist Cicero Galli Coimbra, MD, PhD that includes daily vitamin D doses of up to 200,000 iu! In short, her words of success and knowledge serve as an inspiration for anyone who is touched by the potentially ravaging autoimmune disease called multiple sclerosis.

Excellent book by a patient. There are over 200 articles on MS and Vitamin D at VitaminDWikiMy comments on this excellent protocol Some doctors just prescribe 2,000 IU of vitamin D to reduce MS symptoms. Dr. Coimbra gives 40,000 to 200,000 daily to CURE MS (actually eliminate all symptoms, but must continue taking vitamin D for life) He has claimed that the very high dose Vitamin D should work with most/all auto-immune diseases. I have wondered, for 4+ years now, if very high dose Vitamin D will also work for many other diseases. Not just work, but perhaps fully treat if the disease has not progressed too far. I have wondered how many people who are able to achieve 40-60 nanograms of vitamin D in their blood are still not able to get a good level in their cells due to gene problems. That is, their vitamin D levels test as being good, but their cells are not getting the benefit. I wonder how much his success rate (80%?) would be improved if he were to add Omega-3 and Magnesium to his protocol

The book I needed. Includes well described experience of dr Coimbra patients suffering from autoimmunological diseases (mostly MS) with high doses Vitamin D treatment. The book includes recent information about the institutions (including webpage addresses) leading this kind of therapy, about internet forums of patients. I found it useful in the process of decisionmaking regarding to commence the treatment. Realistic, but giving lots of hope.

Great book, seriously thinking about buying a bunch of copies and putting them in the lobbies of neurologist' offices, to get those folks some real help

Maybe you don't have MS. Other accounts of people being treated for Psoriasis, Rheumatoid Arthritis etc. are included in the appendices for reference. The Physician list is worth the price of the book. One Dr. in Tampa does the Coimbra protocol. Or take the information to your own Dr. if they'll work with you. It's a good read. She also addresses her experience with low stomach acid being

mis-treated by conventional proton-pump-inhibitors and making her GERD worse. After a proper diagnosis and treatment - which is well described here - she is progressing without the drugs. Dr. Walters, Scottsdale, AZ made all the difference.

My sister has MS and the treatment with Vitamin D works. She doesn't use interferon anymore and after 2 years without any flare from the disease. The diet is difficult because you can't eat any source of calcium (milk, dairy, ice-cream, cheese, enriched calcium processed foods). But I think that worth it.

I am delighted to have found this treatment. This book has given me even more hope in the vitamin d treatment. Its true that alot of times it takes a few people to make a change in the world for the better of many. Dr. COIMBRA has given us back our lives!

PTL. There is a way that works and I can't wait to start it. I'm stopping Aubaggio as soon as I can and making an appointment with the clinic in Naples, Florida

[Download to continue reading...](#)

Multiple Sclerosis and (lots of) Vitamin D: My Eight-Year Treatment with The Coimbra Protocol for Autoimmune Diseases Vitamin K: Understanding The Healing Powers Of A Little Known Vitamin (Vitamin K, Vitamin K2, vitamin k2 and the calcium paradox, vitamin K and the calcium paradox, osteoporosis, osteoporosis cure) Autoimmune Hepatitis: Learn to Cure Yourself, Your Doctor Never Will! (Autoimmune Disease, Autoimmune Paleo Cookbook, Autoimmune Paleo, Autoimmune, autoimmune diet) Multiple Sclerosis - Diet for Recovery: The Multiple Sclerosis Autoimmune Disease Recovery Diet Guide for Beginners Multiple Sclerosis: Simple Changes to Help You Manage Your Multiple Sclerosis MULTIPLE SCLEROSIS: A Fresh Approach To Dealing With Multiple Sclerosis Multiple Sclerosis Many Stories Many Symptoms: A book written by people living with Multiple Sclerosis, about how they deal with the challenges they face. Nutrition and Lifestyle in Neurological Autoimmune Diseases: Multiple Sclerosis Is It Leaky Gut or Leaky Gut Syndrome: Clean Gut, Allergies, Fatty Liver, Autoimmune Diseases, Fibromyalgia, Multiple Sclerosis, Autism, ... & More (Digestive Wellness) (Volume 2) IS IT LEAKY GUT OR LEAKY GUT SYNDROME: Clean Gut, Allergies, Fatty Liver, Autoimmune Diseases, Fibromyalgia, Multiple Sclerosis, Autism, Psoriasis, Diabetes, ... & More (Digestive Wellness Book 2) Autoimmune Disease: Discover The Symptoms & Treatment of Chronic Pain & Genetic Disease (Psoriasis, Anti Inflammatory, Arthritis, Fibromyalgia, Multiple Sclerosis, Symptoms, Celiac) (Volume 1) Anti Inflammatory Diet:

Autoimmune Dinner Recipes: 30+ Anti Inflammation Diet Recipes To Fight Autoimmune Disease, Reduce Pain And Restore Health (Autoimmune ... Disease, Anti-Inflammatory Diet, Cookbook) Anti Inflammatory Diet: Autoimmune Lunch Recipes: 35+ Anti Inflammation Diet Recipes To Fight Autoimmune Disease, Reduce Pain And Restore Health (Autoimmune ... Anti-Inflammatory Diet, Cookbook Book 2) Cancer and Vitamin C: A Discussion of the Nature, Causes, Prevention, and Treatment of Cancer With Special Reference to the Value of Vitamin C, Updated and Expanded Cancer and Vitamin C: A Discussion of the Nature, Causes, Prevention and Treatment of Cancer With Special Reference to the Value of Vitamin C Autoimmune: The Cause and The Cure (This book identifies the cause & the cure for: Chronic Fatigue Syndrome, Fibromyalgia, Lupus, Rheumatoid Arthritis, Raynaud's, Rosacea, Myasthenia Gravis, Hashimoto's, Type 2 Diabetes, Multiple Sclerosis, Sjogren's, and more) Multiple Sclerosis: How I Reversed My Chronic Autoimmune Symptoms By Making Simple Changes To The Way I Eat The Vitamin Cure for Eye Disease: How to Prevent and Treat Eye Disease Using Nutrition and Vitamin Supplementation Fruit Infused Water - 80 Vitamin Water Recipes for Weight Loss, Health and Detox Cleanse (Vitamin Water, Fruit Infused Water, Natural Herbal Remedies, Detox Diet, Liver Cleanse) DRI Dietary Reference Intakes for Vitamin C, Vitamin E, Selenium, and Carotenoids

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)